Dear Parent, we appreciate your interest in accessing Applied Behavior Analysis (ABA) services for your child. We are excited to assist you on this journey, please reach out to our office as needed throughout the process.

Gaining an initial authorization for ABA services can initially be challenging and frustrating, however we hope that this specific list of Insurance Mandated Requirements will help guide you in gathering the necessary documents for your service provider to successfully get ABA Services authorized for your child.

To access ABA services through <u>Medicaid</u> insurance, the following items are required by the insurance carrier, this is a Medicaid mandate and without these items they will not grant an authorization. These requirements and language are copied from the Medicaid Handbook for ABA services:

- 1. **Prescription** for behavior analysis services, with a <u>specific</u> mental health diagnosis, SIGNED by an MD/DO that is actively in network with Medicaid—ON A SCRIPT PAD FROM THE DOCTOR must state exactly "<u>ABA services are Medically Necessary</u>"
- 2. **A comprehensive diagnostic evaluation (CDE)**-- is a thorough review and assessment of the child's development and behavior using national, evidence-based practice standards, which may include:
 - Parent or guardian interview
 - Teacher assessment
 - Diagnostic testing using tools such as:
 - o Autism Diagnostic Observation Schedule (ADOS-2)
 - o The Childhood Autism Rating Scale 2nd edition (CARS2)
 - o Modified Checklist for Autism in Toddlers, Revised (M-CHAT-R)
 - o Communication and Symbolic Behavior Scales (CSBS)
 - o Autism Diagnostic Interview, Revised (ADI-R)
 - o Social Communication Questionnaire
 - o Battelle Developmental Inventory- 2nd edition
 - Hearing and vision testing
 - Genetic testing
 - Neurological and/or other medical testing

The CDE must be led by licensed practitioners qualified to assess child developmental disorders such as:

- Developmental Pediatricians
- Child Neurologists
- Child Psychologists
- Child Psychiatrists

Items that must be included in the CDE report are:

- A. Clinical findings
- B. Diagnostic recommendations
- C. Indicate what clinical instruments, screening tools or battery of test that were used.
- D. Summarize the findings and make recommendations
- E. Include the F code for the diagnosis

3. The referral and consent forms for Behavior Basics

Once we receive all the documentation from you, we will start the review and will be in contact if anything is missing. If you have additional questions or concerns regarding our services or the forms needed, please feel free to contact the Behavior Basics office. We look forward to servicing your child.

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